

# Do You Get the best from your boots?

## A guide to keeping your work boots in top condition!

1. **Do you have the size right?** Always ensure the size you have selected is the correct fit, poorly fitting boots can cause the boots lining to wear away easily and can make them feel uncomfortable
2. **Do you lace them up properly?** Always ensure your boots are laced up correctly, incorrect or loose lacing can wear away the lining of the boot and give you blisters
3. **Do you unlace them properly?** Pulling your boots off without undoing the laces properly applies high levels of force to the rear of the boot and can cause the heel counter to collapse this destroys the ankle support provided by the boot.
4. **Do you clean them?** If your boots become muddy, wash it off with water. This helps to keep the leather in top condition and helps to prevent premature deterioration in performance.
5. **Do you dry them at room temperature!** If your boots get wet/damp let them dry naturally at room temperature, drying them in front of a fire or on the radiator can damage the leather.
6. **Do you apply conditioning cream!** This keeps the leather supple, increases water resistance and improves overall comfort. (Follow the instructions below and on the sachet label)
7. **Do you keep them comfortable!** If dirt, stones or pebbles get inside your boots reach a position of safety then empty them out. Debris inside your boots can affect the comfort of the boot affecting the breathability and wear the lining.
8. **Do you wear the right socks!** Wearing the right length and type of socks will enhance breathability and increase comfort. Rock Fall Performance Socks are available through all good distributors
9. **Do you abuse your boots!** Kicking objects with your boots will damage them and can displace the toecap making them uncomfortable. In addition kicking objects can result in injury causing long term damage to your knees or ankles.

### The Rock Fall Nikwax Leather Conditioning Cream

Rock Fall provide a free sachet of Premium Leather Conditioning Cream with all their boots to help you keep them in top condition. The cream can be used on all SMOOTH LEATHER footwear and should not be used on Suede/Nubuck.

#### Here are just some of the Benefits

Conditioning Cream keeps the leather supple and flexible increasing comfort. It also enhances leather's natural resistance to water and reconditions dry leathers helping to bring it back to life.

#### Applying The Conditioning Cream

1. Give your boots a quick rinse to remove any dirt from the leather. It works best when the leather on your boots is a little damp.
2. Wear disposable gloves whilst handling or applying the cream.
3. Apply conditioning cream generously to all of the Smooth Leather on the boot and any stitching areas.
4. Once applied, let the cream get to work for 3 hours before wiping off any excess with a piece of tissue.
5. Leave the cream on overnight for around 8 to 12 hours has the best results.

Apply your Nikwax once every 2 to 3 months to keep your boots in top condition, i.e. if your boots are getting very wet every day we recommend once every 2 months

## ***Look After Your PPE And It Will Look After You!***



Rock Fall®

